

DIPLOMA IN REFLEXOLOGY TECHNIQUES LEVEL 3(QCF) KC90911

Is this the right course for me?

Yes, if you want to follow a career in Reflexology. Reflexology works hand in hand with Aromatherapy. The two therapies complement each other well and also have very positive effects in their own right. Reflexology is a rapidly growing field.

What do I need to join the course?

GSCE's at C and above, or a Level 2 qualification showing a good standard of work. The course is open to mature students who would like to follow a career in Complementary Therapy, who show an aptitude of working with people and communicate well. This would be assessed at interview.

You will need the set uniform which may be purchased through College.

What will I be doing?

- **History** You will be looking at the roots of Reflexology, both ancient and modern.
- **Consultation Skills** Important to help find areas of imbalance.
- **Professional Ethics** Client confidentiality, care and professionalism.
- **Foot and Hand Charts** You will be learning the location of reflex points in relation to the body.
- **Detection** You will be studying the methods used to detect areas of imbalance and how to address them.
- **Application** The practical application of a Reflexology treatment. Working on other students initially, progressing to clients in order to cover ranges.
 - **Health, safety and hygiene for complementary therapies**
 - **Principle and practices of complementary therapies**
 - **Provide reflexology**
 - **Knowledge of anatomy, physiology and pathology for complementary therapies**

How long will the course last and what patterns of attendance are available?

The course lasts one academic year. There are two 3 hour evening classes per week. The evenings will be confirmed before the course commences

How will my progress on the course be assessed?

Your skills will be assessed continuously during practical sessions with two formal assessments at the end of the course. There are external assessments for Providing Reflexology, Health, Safety and Hygiene for Complementary Therapies and Knowledge of Anatomy, Physiology and Pathology for Complementary Therapies

What will I achieve?

On successful completion a L3 Diploma in Reflexology.
Examining Body VTCT.

What does it cost?

£tba - Tuition Fee
£tba - VTCT Lifetime membership (if applicable)
£tba - VTCT Assessment Book
£tba - Materials

Order forms will be provided for the following

£tba - Uniform
£tba - Textbook for Reflexology
£tba - Text book for Anatomy, Physiology and Pathology

And the future?

Students who successfully complete the course may gain employment in Beauty Salons, Health Centres, Sports Centres or self employment as an Aromatherapist.

What should I do now?

If you wish to be interviewed for a place on this course please complete a part time application form and return it to **Reception**. If you have any queries please ring **The Advice Centre** on freephone 0800 854 695 which is open from 8.30 am to 5.00 pm Monday to Thursday and 8.30 am to 4.30 pm Friday.

It is the policy of this College that everyone is entitled to equality of opportunity in education and training.

Please note that all the details on this fact sheet were correct at the time of printing and may be subject to change.

If you would like this factsheet in large print or alternative format, e.g. Braille or audio tape. Please contact Study Skills Support on (01502) 525191.