



## **DIPLOMA IN COMPLEMENTARY THERAPIES – LEVEL 3**

### **Is this the right course for me?**

This is the course for you if you want to work in one of the fastest growing industries in the country. At Lowestoft College we aim to adapt the courses to accommodate the current practices within the Holistic industry and to equip you with the necessary skills for professional practice. There is the opportunity to progress to Higher Education.

### ***What will I need to join the course?***

You must be able to provide a good reference. You should be diplomatic, sympathetic and have the ability to listen and communicate well with people. It is extremely important that you take pride in your personal appearance. Enthusiasm, dedication, a mature attitude and competence in the use of the English language are prerequisites of this course. Candidates will have to satisfy the College at interview that they are committed and capable of completing this highly demanding course. A qualification at level 2 would be an advantage.

### ***What will I be doing?***

The course consists of the following areas of study:-

Provide Body Massage for Complementary Therapies  
Reflective Practice for Body Massage  
Knowledge of Anatomy, Physiology and Pathology for Complementary Therapies  
Knowledge of Less Common Pathology for Complementary Therapies  
Provide Reflexology  
Reflective Practice for Reflexology  
Provide Aromatherapy  
Reflective Practice for Aromatherapy  
Principles and Practice of Complementary Therapies  
Business Practice for Complementary Therapies  
Health, Safety and Hygiene for Complementary Therapies  
Healthy Eating and Well Being for the Complementary Therapy Client.

Self Study of approximately 8 hours per week  
Functional Skills in Communication

### ***How long might the course last and what patterns of attendance are available?***

The course is a full time course delivered over 30 weeks with a pattern of 3 days a week starting in September.

### ***How will my progress on the course be assessed?***

You will be assessed through regular tutorials, assignments, practical assessments observed by the tutor, supported by a professional portfolio of evidence. Having achieved Level III you may progress onto Higher Education.

**What can I achieve?**

VTCT (Vocational Training Charitable Trust) Level 3 Diploma in Complementary Therapies, Functional Skills in Communication.

All functional skills are nationally recognised qualifications to improve not only your employability skills but also assist your university application by attracting additional UCAS points.

**How much will it cost?**

TBA	-	Tuition fees
TBA*	-	Complementary Therapy Assessment Book
£16.00*	-	VTCT Lifetime Registration Fee

**Materials:**

£TBA	-	Material Fee
£TBA	-	Navy Uniform
£TBA	-	Books

} *Order forms for uniform and books will be given to successful applicants in the Summer. They must be purchased BEFORE the course commences in September*

Kit of Essential Oils – **Kit 1 - TBA**  
**Kit 2 - TBA**

- **These fees are subject to change by awarding bodies.**

**And the future?**

On completion of this course a variety of occupational routes are open to you:

- Sports Therapy Level 4 Diploma
- Self employment / freelance therapist
- A Practitioner – in Medical Centres, Hospitals, Nursing Homes, Residential Homes, Sports Centres, Beauty Salons etc
- Further training – Beauty Therapy / Beauty Specialist Diploma / Sports Therapy

**What should I do now?**

If you wish to be interviewed for a place on this course please complete an application form and return it to Reception. If you have any queries please ring **The Advice Centre** on freephone 0800 854 695 which is open from 10am to 4 pm Monday to Friday

*It is the policy of this College that everyone is entitled to equality of opportunity in education and training.*

*Please note that all the details on this fact sheet were correct at the time of printing and may be subject to change.*

If you would like this factsheet in larger print or alternative format, eg Braille or audio tape, please contact Study Skills Support on (01502) 525191.