

DIPLOMA IN AROMATHERAPY LEVEL 3 (QCF)

AC30027

Is this the right course for me?

Yes, if you want to pursue a career in Aromatherapy and enjoy improving a client's state of health. Aromatherapy works hand in hand with Reflexology. The two therapies complement each other well and also have very positive effects in their own right. Aromatherapy is a rapidly growing field.

What do I need to join the course?

GSCE's at C and above, or a Level 2 qualification showing a good standard of work. The course is open to mature students who would like to follow a career in Complementary Therapy, who show an aptitude of working with people and communicate well. This would be assessed at interview.

What will I be doing?

- **History** You will be studying modern and ancient history of Aromatherapy
- **Essential Oils** Studying the properties and uses of essential oils
- **Extraction of Essential Oils** The process involved in obtaining essential oils
- **Blending Oils** Analysis of components involved.
- **Theory of Carrier Oils** Types of vegetable oils used and the reasons for choosing each one
- **Consultation Skills** Taking a consultation to determine the appropriate blend to use
- **Professional Ethics** Client confidentiality, care and professionalism.
- **Chemistry of Essential Oils** Study of chemical families, their actions and properties.
- **Understanding Essential Oils** A study of practical techniques and theory of essential oils and the role played by the olfactory process
- **Aromatherapy Massage** a large part of the course concentrates on the practical application of Aromatherapy treatment on other students with essential oils. Progressing to client sessions for the purpose of assessment and covering the ranges needed to pass the qualification.

- **Health, Safety and Hygiene for Complementary Therapies**
- **Principles and Practices of Complementary Therapies**
 - **Reflective Practice for Aromatherapy**
 - **Knowledge of Anatomy, Physiology and Pathology for Complementary Therapies**

How long will the course last and what patterns of attendance are available?

The course lasts one academic year. There are two 3 hour evening classes per week. The evenings will be confirmed before the course commences

How will my progress on the course be assessed?

Your skills will be assessed continuously during practical sessions with two formal assessments at the end of the course. There are external assessments for Providing Aromatherapy, Health, Safety and Hygiene for Complementary Therapies and Knowledge of Anatomy, Physiology and Pathology for Complementary Therapies

What will I achieve?

On successful completion a Level 3 Diploma in Aromatherapy

What does it cost?

£tba - Tuition Fee
 £tba - VTCT Lifetime membership (if applicable)
 £tba - VTCT Assessment Book
 £tba - Materials

Order forms will be provided for the following

£tba - Uniform
 £tba - Textbook for Aromatherapy
 £tba - Text book for Anatomy, Physiology and Pathology

Additional Costs

£98.00 approx - Kit of 25 oils

There are no concessions available on the course.

And the future?

Students who successfully complete the course may gain employment in Beauty Salons, Health Centres, Sports Centres or self employment as an Aromatherapist.

What should I do now?

If you wish to be interviewed for a place on this course please complete a part time application form and return it to **Reception**. If you have any queries please ring **The Advice Centre** on freephone 0800 854 695 which is open from 8.30 am to 5.00 pm Monday to Thursday and 8.30 am to 4.30 pm Friday.

It is the policy of this College that everyone is entitled to equality of opportunity in education and training.

Please note that all the details on this fact sheet were correct at the time of printing and may be subject to change.

If you would like this factsheet in large print or alternative format, e.g. Braille or audio tape. Please contact Study Skills Support on (01502) 525191.